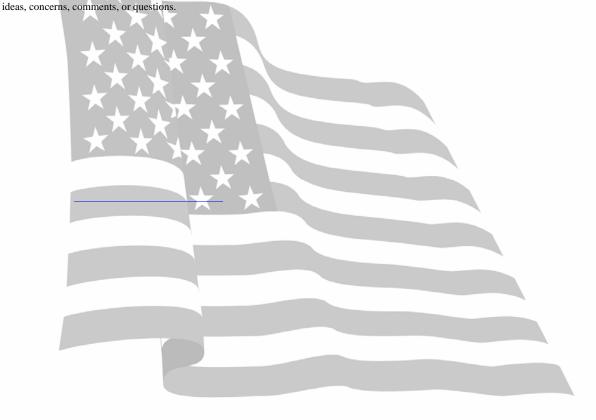
# FORT DETRICK ALL SERVICES RETIREE COUNCIL 1520 FREEDMAN DRIVE, SUITE 300 (301) 619-3381



#### NUMBER 2-06 THIRTY SECOND EDITION THIRD QUARTER 2006

The purpose of the newsletter is to apprise retired Soldiers and their families of the services and activities available to them on post and within the installation's area of responsibility. This newsletter is published in accordance with AR 600-8-7, paragraph 6-2 a. The Council meets on the second Monday of each month at 1900 and we need to hear from the retiree community. Come to our meetings in Bldg. 1520 Community Support Center on Freedman Drive (beyond the Education and Training Center at the Commissary. NOTE: There is no entry through the Education and Training Center.) or call one of the council members with your



Mark Your Calendar Now: ANNUAL RETIREE APPRECIATION DAY OCTOBER 4, 2006

### Post It!

# FREQUENTLY CALLED TELEPHONE NUMBERS AT FORT DETRICK:

FORT DETRICK, USAG RETIREE SERVICE OFFICER(301) 619-3381 FAX: (301) 619-3597
BARBER SHOP (Part of PX Complex)(301) 619-2345 x103
CHAPEL(301) 619-7371
CLEANERS(301) 694-3237
COMMISSARY(301) 619-2989
FITNESS CENTER(301) 619-2498
FORT DETRICK (When calling from outside the local dialing area)1-800-256-7621
FORT DETRICK OPERATOR ASSISTANCE(301) 619-8000
GAS STATION (Part of PX Complex)(301) 662-7777 x101
HEALTH CLINIC/TRICARE(301) 619-7175
ID CARDS(301) 619-7311
JUDGE ADVOCATE/ LEGAL ASSISTANCE(301) 619-2221
POST EXCHANGE(301) 619-2262
PROVOST MARSHAL(301) 619-7114
THRIFT SHOP(301) 619-2289
WEB PAGEhttp://www.detrick.army.mil
OTHER FREQUENTLY CALLED NUMBERS:
BWI SPACE "A" TRAVEL
DEERS
DEPARTMENT OF VETERANS AFFAIRS1-800-827-1000
RETIRED PAY (DFAS-CLEVELAND)VOICE: 1-800-321-1080
FAX: 1-800-469-6559

#### "USAG COMMANDER'S COMMENTS"



It is with sadness that I open this letter with the news that LTC John P. Hess passed way in April 2006. The All Services Retiree Council is today what it is because of John's vision, energy, and drive. John's passing is a loss felt throughout our community. His single

minded focus on the welfare of service members, active duty and retirees alike, was truly exemplary. He cared for people.

I do have the pleasure to introduce LTC Charles Eaton (USMC-Ret) as the Council Chairman. He accepted the challenge of filling LTC Hess's role. I am confident he is the person for the job, as he has shown the same enthusiasm and concern. John and he spent time transitioning the chairmanship.

LTC Eaton is a recent Frederick resident, moving here just over a year ago. He came to this area as his wife accepted the Frederick Community College presidency. Together they will be a great addition to the Fort Detrick and Frederick communities. As you get to know Chuck, I am sure you will agree. I have already seen the same care and concern.

Mary R. Deutsch Colonel, MS Commanding

#### **CHAIRMAN'S COMMENTS:**

Warm greetings to all fellow military retirees, families and friends. Your Retiree Council is in the midst of preparation for the 12<sup>th</sup> Annual Retiree Appreciation Day to be held Wednesday, 4 October 2006. As the new Chairman of the Council, it is my pleasure to cordially invite all retirees to this signature event on behalf of the Fort Detrick Garrison and your All Services Retiree Council. This day celebrates the service and devotion of all who have served our country.

This will be the first time LTC John P. Hess is not chairman of the Fort Detrick Council. The special trust and confidence that John held as chairman something I shall uphold to the best of my ability. The honor of chairing the Council Retiree is privilege that will not be



taken lightly. We will pay homage to John's memory and his spirit will live within us. We hope to have Mrs. Patricia Hess present as our honored guest. I hope to meet every retiree and family member possible on this special occasion. Please feel free to communicate openly and directly with me about your concerns or recommendations at any time.

Semper Fi, Chuck Eaton

#### RETIREE APPRECIATION DAY

#### **4 OCTOBER 2006**

Retiree Appreciation Day will follow the familiar format of past years. Opening ceremonies in Strough Auditorium (Bldg. 611) will begin at 0900 with our National Anthem and an Invocation. Remembrances of John P. Hess and his legacy will highlight my personal welcome to all guests. The members of our Council will be introduced with special attention to our three new members.

Major General Eric B. Schoomaker, Commanding General of the U.S. Army Medical Research and Materiel Command and Fort Detrick will offer welcoming remarks. The Garrison Commander, COL Mary R. Deutsch will give welcoming remarks and an update on various projects on the Post.

Lunch will be served in the Community Activities Center. A reservation form is included at the end of this newsletter. The Fitness Center will feature a number of displays from various organizations. As a new highlight this year, the Community Expo is included in the day's events. A great deal of health and wellness information will be available from a number of government and civilian agencies. The Health Fair will be conducted throughout the afternoon, concluding at 1500 hours.

#### **GUEST SPEAKERS:**

LeRoy Bussells, SGM. (USA-Ret) will comment on legislation of interest to military retirees. He represents AUSA, Arlington, Va.

Ed Cramer, COL (USA-Ret.) representing Johns Hopkins US Family Health Plan will address trends and developments at this premier health care provider.

We will be updated on TRICARE and VA issues of note. Ms. Felicia Reaves will represent TRICARE and Dr. Linda Morris will talk about VA Medical Clinic at Fort Detrick.

We hope to see you at the Retiree Appreciation Day!

## PERMANENT ID CARDS FOR THOSE 75 AND OLDER

Recent legislation allows for the issuance of a permanent ID card to eligible family members and former spouses who are 75 or older. These permanent ID cards will be issued upon renewal of the current card. Cardholders with a valid card should not attempt to renew your ID card more that 30 days prior to the card expiration date. There is no increase in benefits and entitlements with having the permanent ID card. The ID card hours of operation are 0800-1630, Monday-Friday. POC is Lakesha L. Mulheron at 301-619-6705.

#### **CASE LOT SALE**

The next case lot sale at the Fort Detrick Commissary is on 21-22 September 2006. The store will be open from 1000-1900 on Thursday and 1000-1800 on Friday.

#### FORT DETRICK THRIFT SHOP

The Fort Detrick Thrift Shop temporarily closed on 28 July until further notice. The store will continue to take donations; they can be deposited in the huge metal box on the side of the store. The closing is due to the replacement of the floor tiles in the old part of the store and the installation of new tiles. Customers may call 301-619-2289 to check on when the store will reopen. You can also check on when the store will reopen by computer at the following site

www.detrick.army.mil/services/thrift shop.

An announcement will be in the "<u>Standard</u>" post newspaper concerning the reopening. Watch for information on when consignments will be once again received.

#### FORT DETRICK COMMUNITY AUXILARY

The Fort Detrick Community Auxiliary (FDCA) announces the reduction in price of the 2000, 2001, 2002, 2003, 2004, and 2005 ornaments to \$12 or \$14 each depending on the year. You can purchase one of each year as a package deal for the cost of \$50. The FDCA also has a limited number of the Nallin Pond Prints for sale for \$50. Contact Lisa King at 301-228-2256 to purchase any of these items.

#### FORT DETRICK COMMUNITY EXPO

In combination with the October 4<sup>th</sup> Annual Retiree Day at Fort Detrick, a Community Expo will be held at the Odom Fitness center. We wish to invite all retirees and their family members to attend. Some of the topics that the presenting booths will be offering are diet and nutrition, exercise and fitness, home safety, mental/ emotional health, alternative healing, rehabilitative health, safety in the workplace, and community safety. We hope that you will come share, and participate in, the wonderful and informative Fort Detrick Community Expo.

#### DOD PROPOSES TRICARE PREMIUM

### INCREASES FOR YOUNGER MILITARY RETIREES

WASHINGTON (AFPS) – The Defense Department is proposing that working-age military retirees and their families pay higher premiums to help address rising health care costs that have doubled over the past few years, senior DoD officials stated.

The proposed changes would apply only to eligible military retirees under age 65 and their families, officials said. There would be no change for active duty military or their families, or military retirees age 65 or older and their families. (Note: These proposed premium increases would not apply to retirees and their family members covered by TRICARE for Life, a combination of Medicare and TRICARE. These beneficiaries pay for their coverage with Medicare Part B premiums. They are usually age 65 or over.)

When the TRICARE health care program for active duty and retired military members and their families was established in 1995, retirees then were contributing about 27 percent of the cost of their benefit, Dr. William Winkenwerder Jr., the assistant Secretary of Defense for Health Affairs, said during an interview with the Pentagon Channel and American Forces Press Service reporters at the Pentagon.

#### CASUALTY ASSISTANCE HELP LINE

The Army Casualty Memorial Affairs Operations Center (GMAOC) launched a new resource for survivors. The Families First Casualty Call Center (FFCCC) assists surviving family members with their needs for long term advocacy and support services. The FFCCC staff is working to provide compassion, understanding, and advocacy for surviving families needing follow-up assistance through an integrated personal approach. FFCCC is open from 8 A.M. to 7 P.M. Monday through Friday. The toll-free number is 1-866-272-5841: and address e-mail FFCCC@hoffman.army.mil. The mailing address for the center is: Commander, Army Human Resources Command (AHRC-PEC (FFCCC)), 200 Stovall Street, Alexandria, VA 22332. The website is:

https://www.hrc.army.mil/site/active/TAGD/CM AOC/CMAOCPages/FFCCC.htm

### SURVIVOR BENEFIT PLAN OPEN ENROLLMENT

The Survivor Benefit Plan (SBP) Open Enrollment Period will end 30 Sept 06. Retirees not currently participating at the maximum Level in the SBP program may elect to participate in SBP, increase the level of coverage or add beneficiaries. There is a two-year period following the election for the coverage to become fully effective. If the retiree dies during this two year period, the election shall become void and all premiums paid to date will be refunded to the named beneficiary. Also a buy-in premium is required as part of the open season election which represent the premiums that would have been paid if election had been made at the first opportunity. The SBP open season calculator for computing the monthly cost is available at http:://www.dod.mil/actuary. Point of contact is Eddie Coleman at 301-619-3381.

### REVISED TRAFFIC CODE PROVISIONS TAKE EFFECT ON DETRICK

(Fort Detrick, MD) — On Feb. 17, some new provisions were added to the Fort Detrick traffic code prohibiting the use of hand-held cell phones, Blackberries or similar items, such as personal data assistants, while driving on post. This code is now in effect and applies to all motorists operating a vehicle on Fort Detrick, to include visitors.

The change to the code was made for safety reasons and mirrors current Army regulations. The new code, which updates Fort Detrick Regulation 190-5, also prohibits vehicle operators from viewing DVD's while driving.

Drivers may use hands-free accessories that allow them to keep both hands free to control the vehicle and do not interfere with their ability to hear sirens or similar alarms. An earphone is authorized as long as it only covers one ear, leaving the other ear free to hear alarms and surrounding traffic.

The new revision also prohibits vehicle operators from the use of the "direct connect," or walkie-talkie feature available on some cell phones.

A grace period began on Mar. 15 which will afford post drivers time to adjust to the new rules before law enforcement officers issue tickets and fines.

"We will give out warnings over the next 30 days," said Dan Shereika, Fort Detrick's chief of police. "After that violators will receive a ticket that will include a \$25 fine and a \$25 administration fee."

The maximum punishment for violations includes a fine and up to 30 days in jail. Any offense that involves the potential of time in jail may also include probation or community service.

Other changes require the usage of seat belts for passengers in the back seat of vehicles, and another prohibits use of radar or laser speed detectors on post, except by law-enforcement personnel.

This revised traffic code also regulates conduct for runners on the installation.

Some pertinent provisions of the code are:

- Individuals may not use headphones or earphones while jogging because they interfere with the ability to hear signals, alarms and traffic sounds.
- During periods of reduced visibility, joggers must wear appropriate bright-colored or fluorescent clothing or reflecting personal protective equipment.
- Individual runners will run facing the flow of traffic.

For more information on this new traffic code, contact the Public Affairs Office at (301) 619-2018. Information on the policy change is also available on the Fort Detrick Website at: <a href="https://www.detrick.army.mil">www.detrick.army.mil</a>.

#### UPCOMING EVENTS ON FORT DETRICK

**Labor Day Picnic:** 2 Sept 06, 1600-2000, Outdoor Swimming Pool Area. Free and open to the entire community.

**Mini Job Fair:** 21 Sept 06, 1100-1400, building 1520, classrooms 6/7.

**Oktoberfest Dinner/Dance:** 13 Oct 06, CAC, building 718.

Comics on Duty: 28 Oct 06, CAC, building 718.

Craft Fair: 16 Nov 06, 1000-1400, HOT DOME.

For more information on these events or any MWR activity got to <a href="www.detrick.army.mil/wellbeing">www.detrick.army.mil/wellbeing</a> or <a href="call-301-619-3323">call 301-619-3323</a>.

#### GATE ENTRANCE FOR RETIREE DAY

\*Please use the front gate entrance (Veteran's Gate) on 4 Oct 06. Entrance location is 7<sup>th</sup> Street and Military Road. Upon entering the installation, you will come to a 4 way intersection and a stop sign. Make a left and continue straight on Porter Street. The Strough Auditorium is to your left.

#### PERSONAL COMPUTER CLASSES

When you hear "you've got mail" is your first thought of walking out to chat with your letter carrier? Does the term world wide web (www.) make your palms sweat, your heart rate increase and you just feel like technology is moving way too fast? It doesn't have to be quite so overwhelming. We're looking for people who want to learn a few computer basics (email and basic word processing, for example).

Detrick Center for Training and Education Excellence (DCTEE), will provide hands-on training that is upbeat and even FUN. Contact our Civilian Training Office at (301) 619-7554/3360 for complete details. Open to retirees and adult family members of the Fort Detrick Community.

### FORT DETRICK 12<sup>TH</sup> ANNUAL RETIREE APPRECIATION DAY LUNCHEON

1200 Noon, Wednesday, October 4, 2006 Community Activities Center (Building 718, Porter Street)

#### **MENU**

Roast Beef w/Au Jus, Honey Dijon Chicken Breast, Seasoned Green Beans and Carrots, California Blend Vegetables, Oven Roast Potatoes, Wild Rice Pilaf, Apple Crisp, Tossed Salad, Rolls, Coffee, Iced Tea w/Lemon and Water

Reservation Request							
		CLIP AN	ND MAIL				
October 4, 2006.	the 12 <sup>th</sup> Annual Ret Please make le to IMWRF in the a	reservation (	(s) in my name.	have enclosed			
Reservations mu	st be received no lat	ter than Monday,	September 25, 20	006			
Name							
Street Address_							
City		State	Zij	Zip		Zip	
Telephone	number	(in	case	of	cancellation		
Mail reservations	to:						
			HD-CSP-M (Retinan Drive, Suite 3	,			

Fort Detrick, MD 21702-5016

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Mailing List: If you are not receiving the FREE home delivery of *Report to Retirees*, complete the form below and mail to: DCSP, ATTN: MCHD-CSP-M, 1520 FREEDMAN DRIVE, SUITE 300, FORT DETRICK, MARYLAND 21702-5016

	ress which will be used when mailing new	
LAST NAME:	FIRST NAME:	
ADDRESS:		
CITY:	STATE:ZIP:	
EMAIL ADDRESS:		
SIGNATURE:	DATE:	
Check block, which shows your s Retiree Widow(er) Reserv		

MILITARY PERSONNEL DIVISION ATTN: MCHD-DCSP-M (Retiree Council) 1520 Freedman Drive, Suite 300 Fort Detrick, MD 21702-5016